1. Get ingredients and blender

2. Put strawberries in blender

3. Peel banana

4. Put banana in blender

5. Put blueberries in blender

6. Pour milk in blender

7. Turn on blender and wait

8. Pour smoothie in cup
Cut out and laminate the checkboxes below. Velcro them next to each item in the sequence as it is completed.

- [x] done
- [x] done
- [x] done
- [x] done
- [x] done
- [x] done
- [x] done
- [x] done