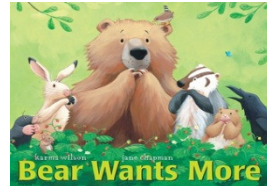
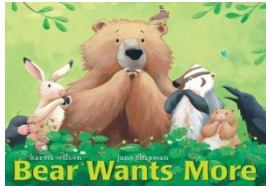


Let's Chat: Assistive Technology Recipes for Success!

Bear Wants More



What do you need?

Bear Wants More book and craft items

(food coloring sheet and shapes template, paper bag, construction paper, scissors, crayons, glue)

What do you say?

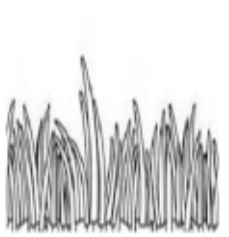


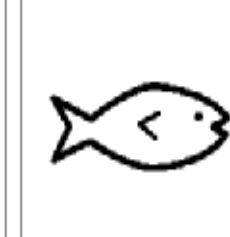

Core vocab: I, you, do, get, that, put, on, in, want, like, don't, turn, it, want, he, my, your, read

<u>Language Purpose</u>	<u>One Word</u>	<u>Two Words</u>	<u>Three Words</u>
Requesting (book, craft items)	Want (with or without pointed finger)	Want that (with pointed finger); Want read/color	I want that (with pointed finger) I want read/color
Commenting	Like; Don't	I like; Like it; Don't Like	I like it/that; Don't like it/that
Directing	Get; Put	Get that Put on/in	I/You get that; I/You put on/in
Directing	Turn	I/you turn	I/you turn it
Social	Turn	My turn; your turn	My turn read/eat/color/do; Your turn read/eat/color/do

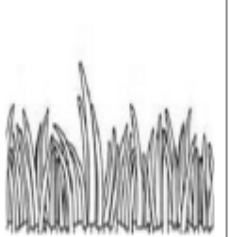


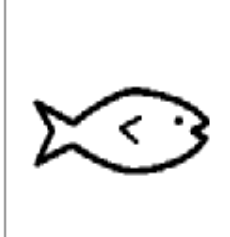

What do you do?

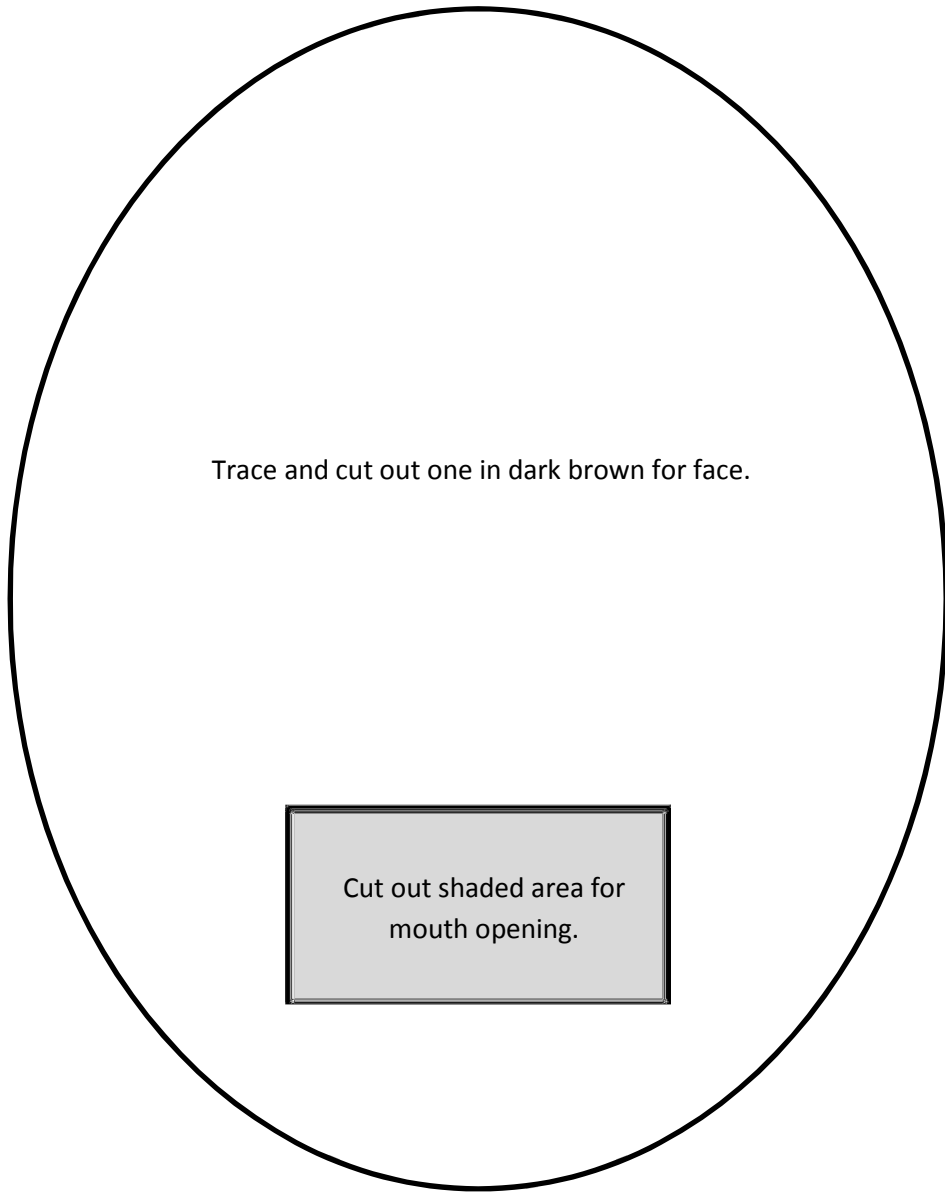
- Show your child the book and find a comfy place to read together. Tell her "want read!" As you read the story, let your child say "turn" or "I/you turn" to direct turning the pages to hear more of the book.
- This is a great book because it has many repeated phrases! Use the device to say "more" or "want more" when this line is repeated through the book.
- Use words on the device that are consistent with the story. Model words like "help" when bear gets stuck or "feel hungry" and then "feel tired" based on bear's actions.
- After you finish reading it is time to make your own bear and food. Use the template to trace shapes on the colored construction paper; don't forget to cut the rectangular hole for bear's mouth on both shapes and one side of the bag.
- Tell your child "my turn!" Then tell her "get" or "you get that" and point to a shape. Then tell her, "put on" and glue the shape on together to match the picture above.
- Now she can say "my turn" and take a turn directing you by saying "get" and pointing, and then "put."
- Last, color the pictures of the five foods Bear eats during the story. Take turns saying "want that" and pointing to crayons. Use your imagination to fill in the rest. Fill in foods that your child likes and ones that he doesn't. You can even put silly things like shoes or toys! When you are all finished, it is time to feed bear. Your child can be bear's helper and tell bear "eat that!" or "don't eat that!" Remember, the sillier you can be, the better! Have fun!

Help your child use her crayons to color the five pictures on the top row. These are the foods Bear eats during the story! Ask her, "Do you like to eat all of these?" Help your child fill in the five blank squares with a few foods she likes and few she doesn't. Then cut the squares out. You're ready to feed the bear!

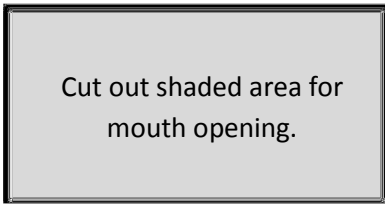
 grass	 strawberry	 clover	 fish	 cake

Help your child use her crayons to color the five pictures on the top row. These are the foods Bear eats during the story! Ask her, "Do you like to eat all of these?" Help your child fill in the five blank squares with a few foods she likes and few she doesn't. Then cut the squares out. You're ready to feed the bear!

 grass	 strawberry	 clover	 fish	 cake



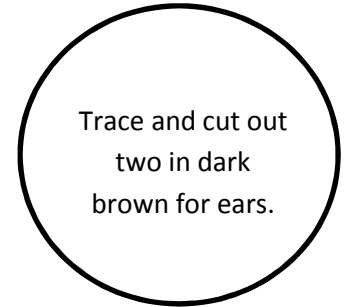
Trace and cut out one in dark brown for face.



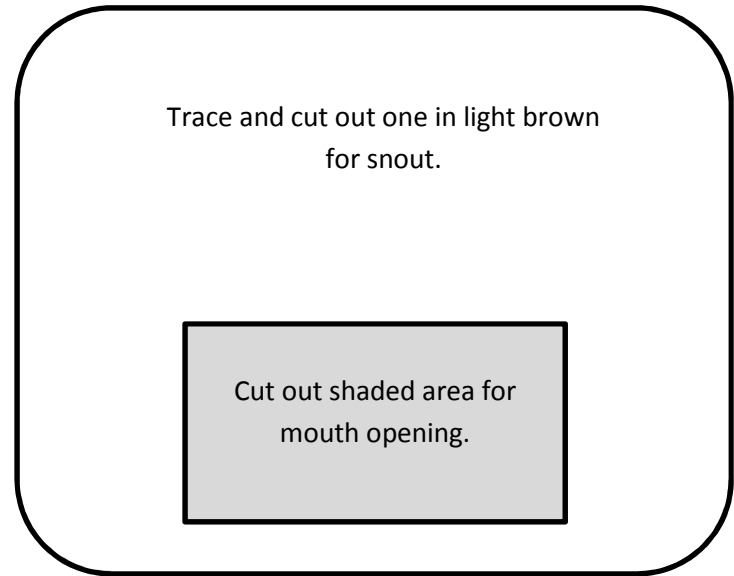
Cut out shaded area for
mouth opening.



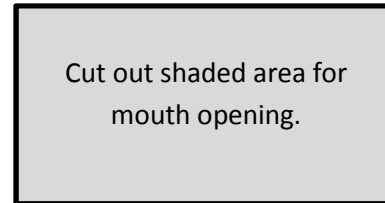
Trace and cut out
one in pink for nose.



Trace and cut out
two in dark
brown for ears.



Trace and cut out one in light brown
for snout.



Cut out shaded area for
mouth opening.



Gross Motor Activity for Bear Wants More

Courtesy of: Melanie Gray, PT, DPT

Scavenger Hunt Obstacle Course:

The bear is very hungry and searches all around the forest for food. Pretend like you are a hungry bear and go on a scavenger hunt around your house or outside by setting up an obstacle course. You can place pillows on the floor to walk or crawl across, try walking like you are on a log (one foot in front of the other), jump over “sticks”, etc.

Animal Walks:

The bear meets many animal friends along the way. Pretend like you are different animals walking in the forest:

Bear: Start on your hands and knees. Lift your hips up so that you are standing with your feet and hands on the floor (knees are straight). Move forward on your hands and feet like a bear.

Bunny: Hop forward with both feet together like a bunny

Mouse: crawl on your hands and knees like you are “scampering” like a mouse



**Fine Motor Activity for Bear Wants More
Courtesy of: Katie Bobbitt, M.S., OTR/L**

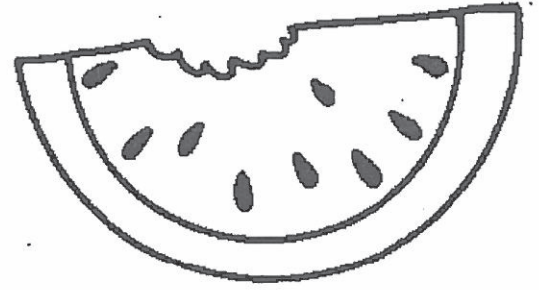
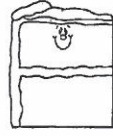
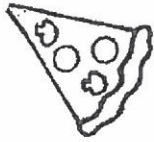
In Bear Wants More the bear wants to eat roots, berries, clover, fish, and more! His friends help him find more food when he is feeling hungry! When you feel hungry it is good to eat a variety of foods from the different food groups. Eating many different foods helps maintain a healthy, well-balanced and interesting diet that provides adequate nutrition.

The My Food Groups book is a fun activity to do to learn about the different food groups. The workbook can be done with an adult (to help with writing if needed) and offers opportunities for coloring, discussions about food, and creativity!

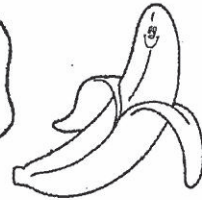
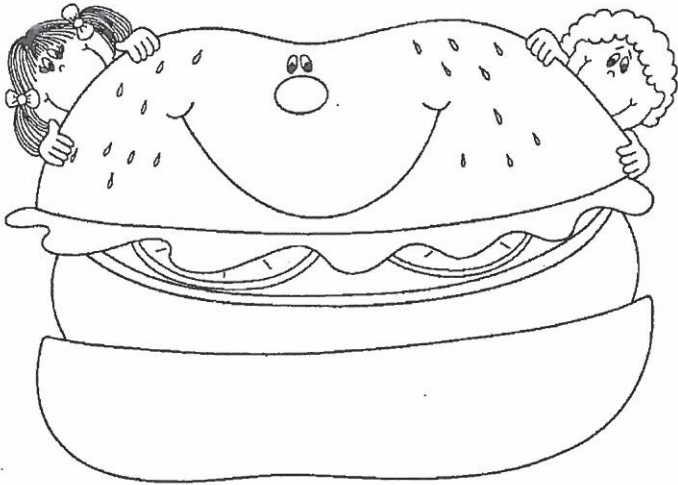
Enjoy!

Resource:

http://thefirstgradesweetlife.blogspot.com/2011_01_01_archive.html

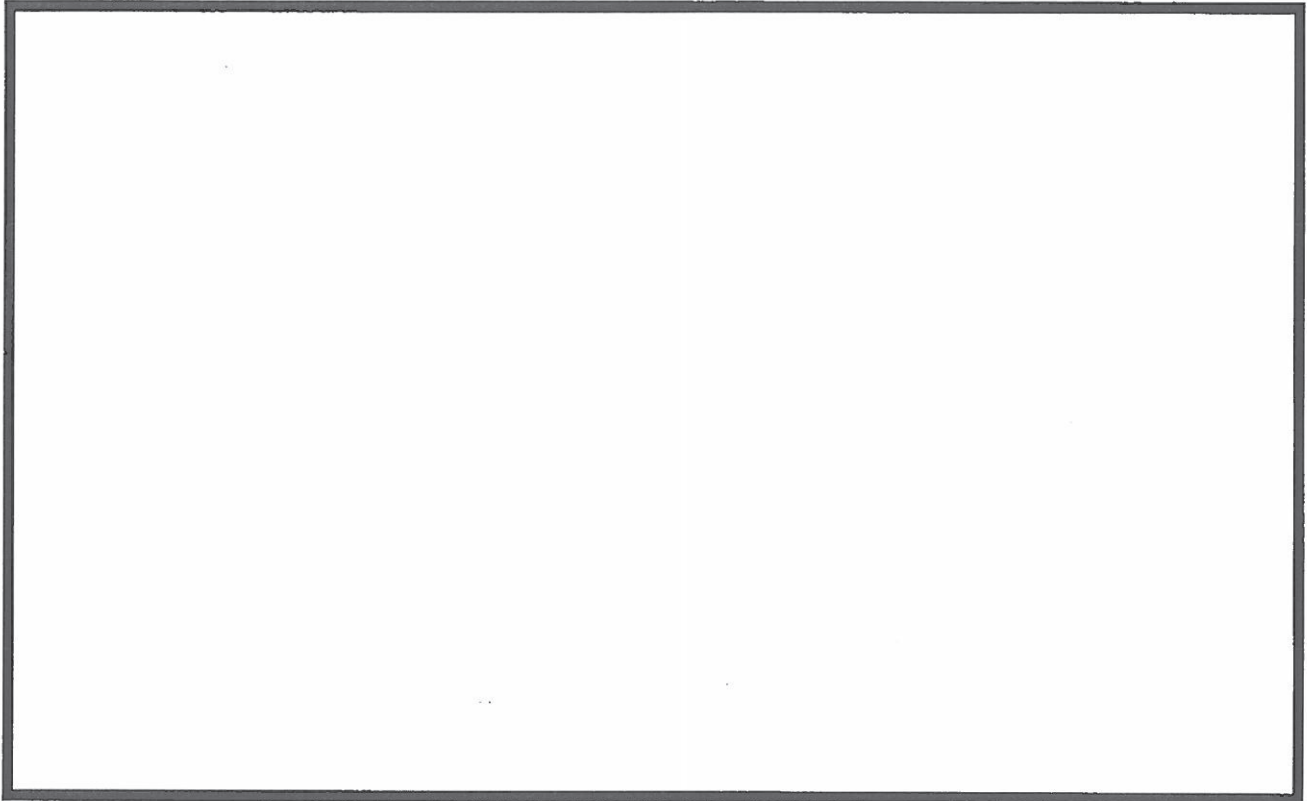


my food groups book



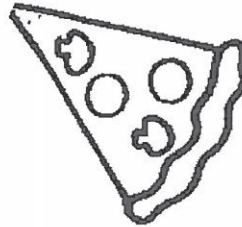
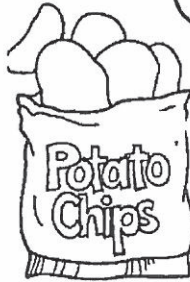
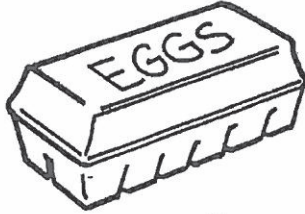
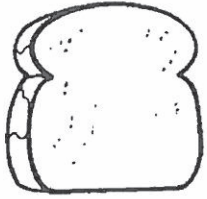
by: _____

the dairy group



for healthy bones and
healthy teeth,
tell me a food that you
can eat!

circle the foods that belong to the dairy group.

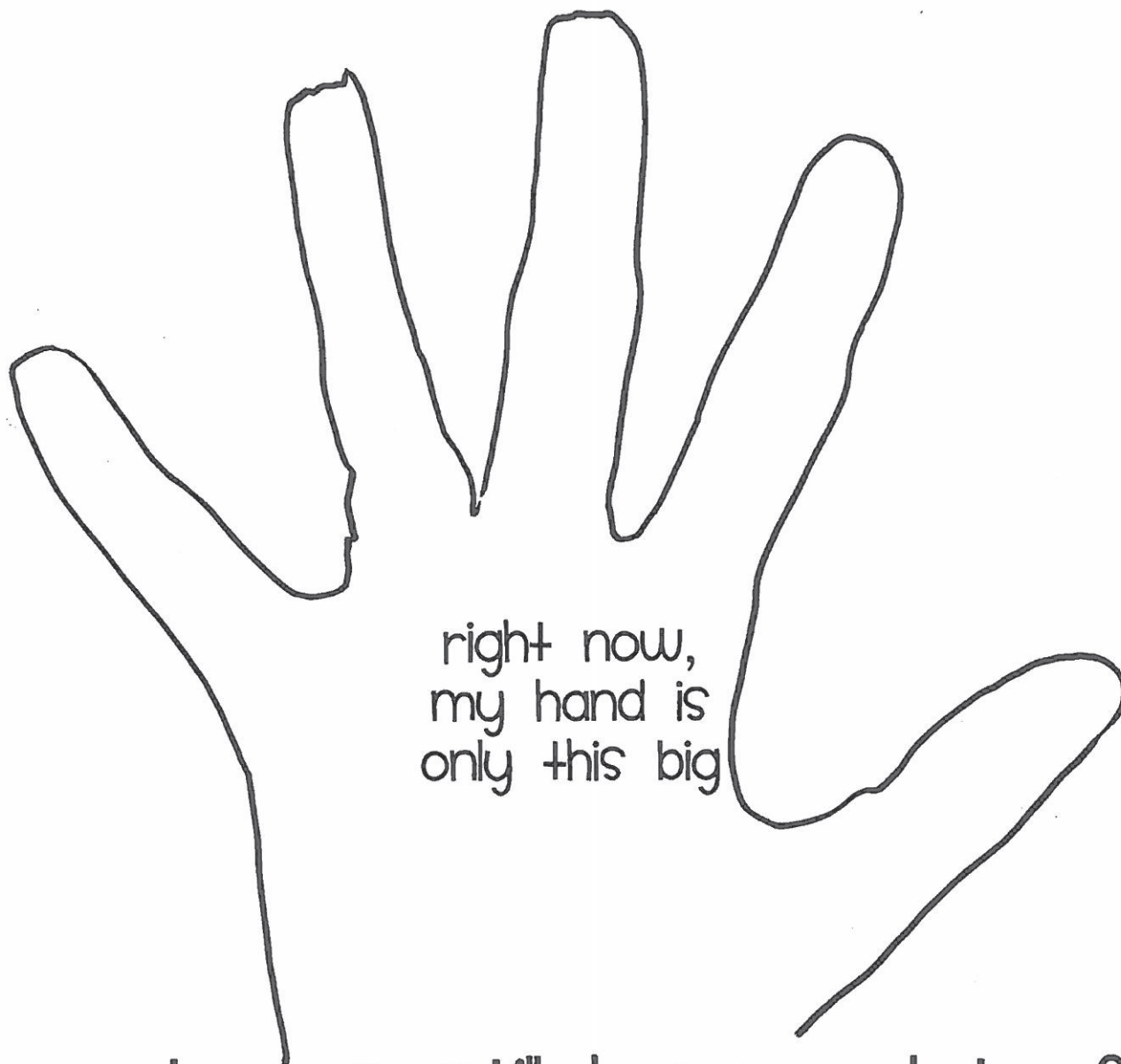


list two reasons why dairy foods help build strong bodies.

1.

2.

someday my hand will be
this big.



right now,
my hand is
only this big

my bones still have a lot of
growing to do, so i need to
eat dairy foods!

the protein group



with meat group foods,
you can't go wrong.
they make your muscles
big and strong.

my favorite food from the
protein group is

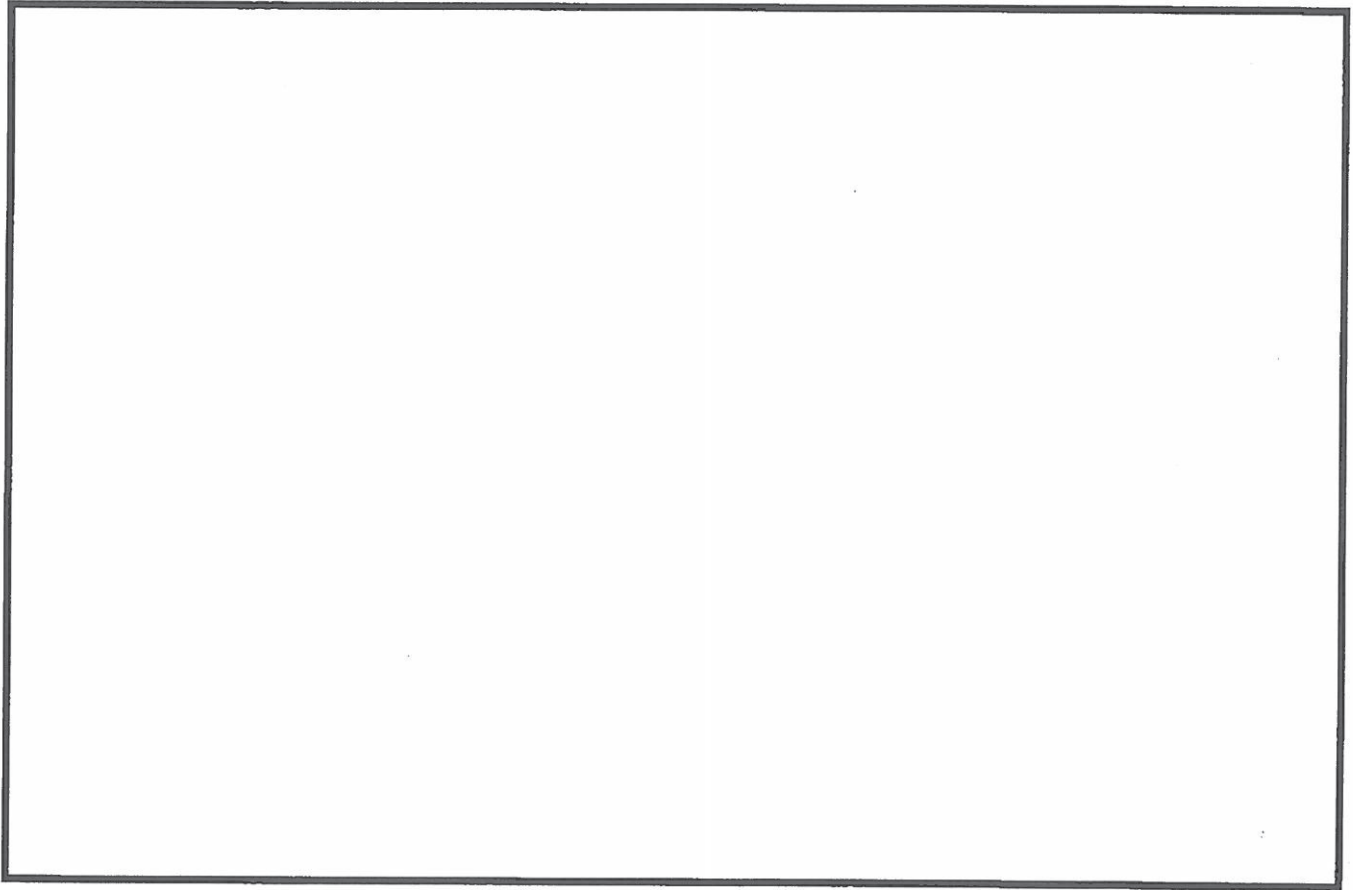
i want to have strong muscles so

i can _____

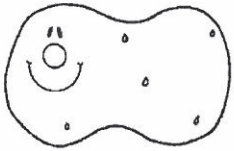
and _____



this is what i look like when i'm
showing off my muscles.



the vegetable group

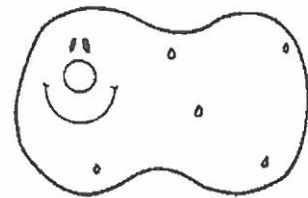
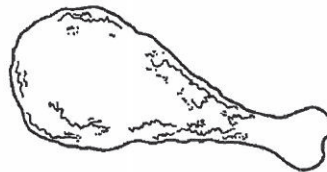
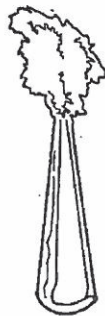
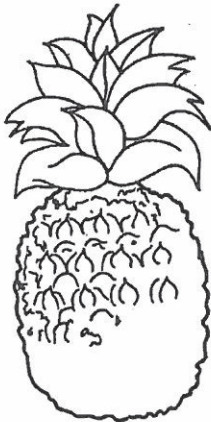
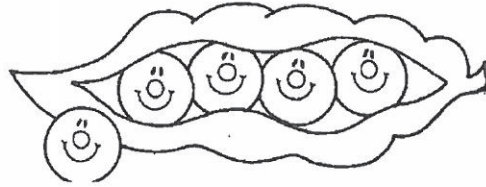


to see in the dark,
with an eagle eye,
what's a vegetable food
that you can try?

my favorite vegetable is

because

which of these foods belongs to the vegetable group?



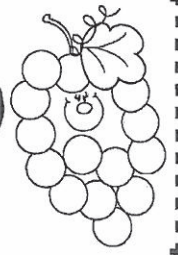
how do vegetables help me stay healthy?

a world without vegetables

without vegetables, i wouldn't be able to see! here are some of the things i would miss looking at!



the fruit group

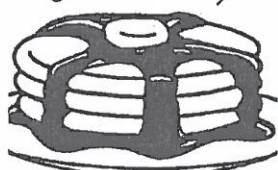


1 grape, 2 grapes, 3 grapes, 4,

original poetry
by me!

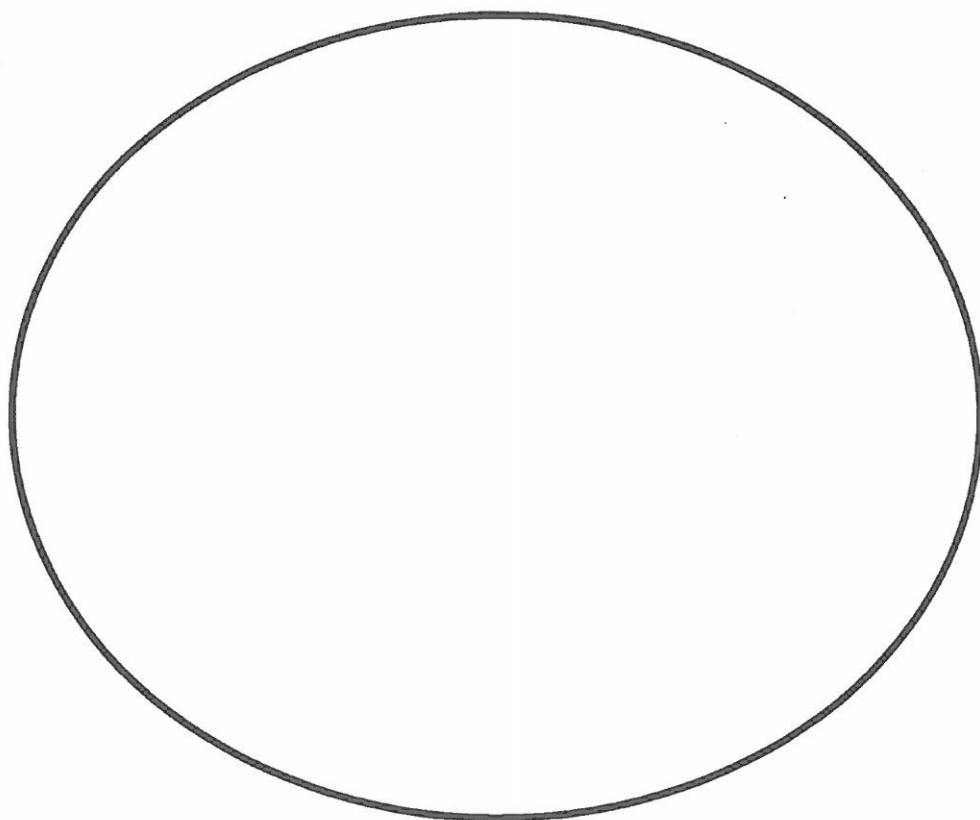
watermelons, oh so red,

the grain group



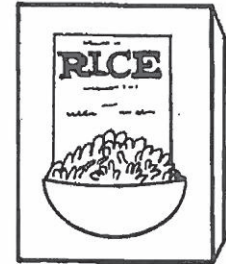
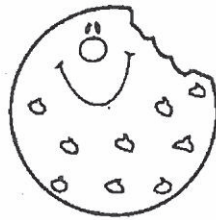
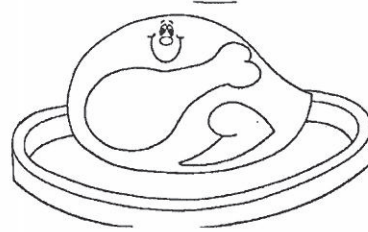
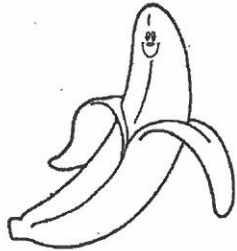
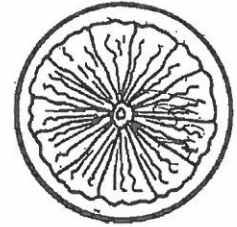
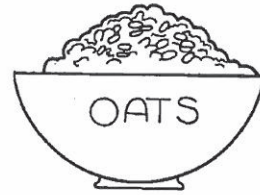
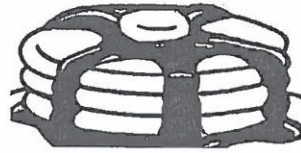
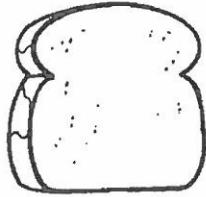
we eat our grains for energy,
energy, energy

we eat our grains for energy,
all day long



my favorite grain is _____

circle the grains!



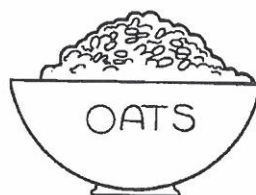
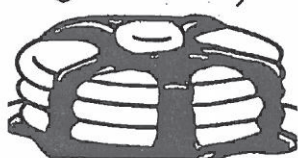
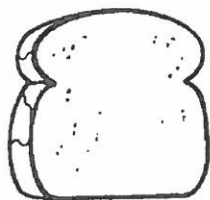
grains are important because
they contain

CARBOHYDRATES.

which give us

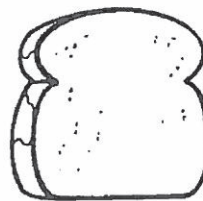
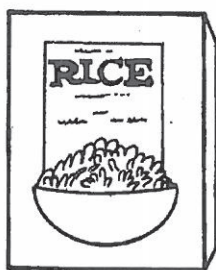
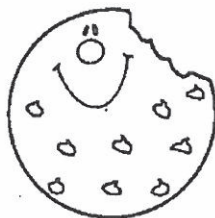
grains are important because
they give us energy.

i am going to eat



at breakfast so i have energy
to _____

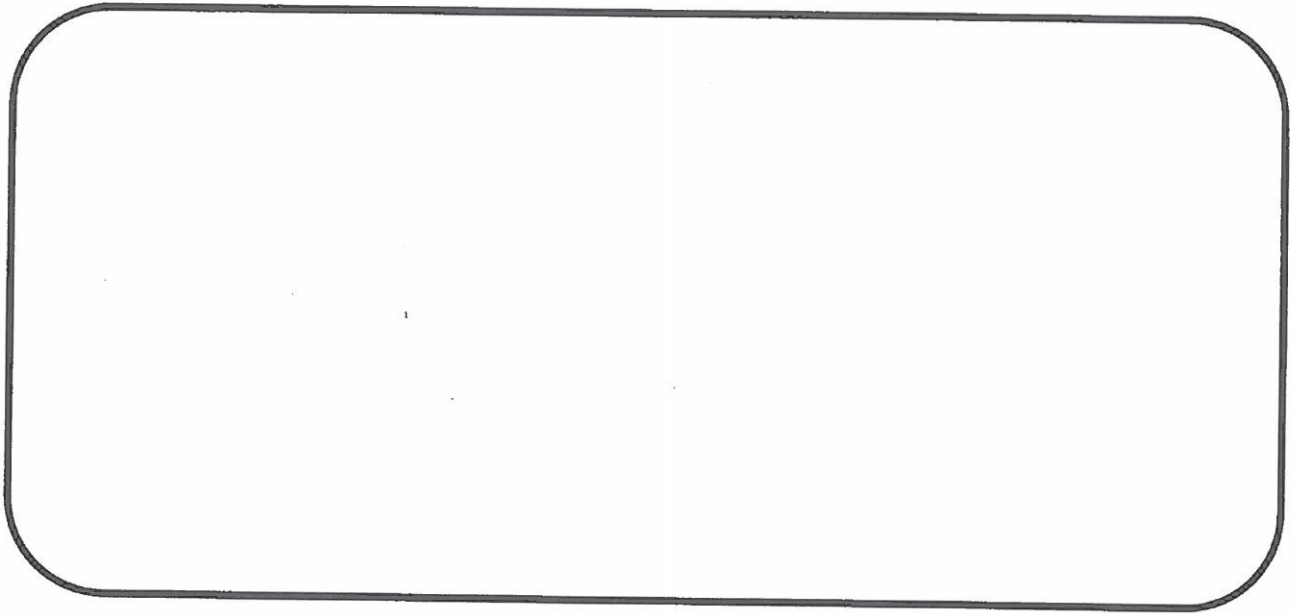
for snack i'm going to eat



so i can _____



the oils group



my favorite sometimes treat

candy, cookies

oh so sweet

they are such a yummy treat!

eat just one to make you glad,
more than that can make you sad!