

## Let's Chat: Assistive Technology Recipes for Success!

### Cooking Activities



### What do you need?

Recipe book, ingredients and utensils indicated in recipe, a good appetite!

### What do you say?

**Core vocab:** do, make, feel, it, get, need, I/you, that, want, help, like, don't

<u>Language Purpose</u>	<u>One Word</u>	<u>Two Words</u>	<u>Three Words</u>
Requesting	Want (with or without pointed finger,) Help	Want that (with pointed finger,) Need help	I want that (with pointed finger,) I want (cup,) I need help
Commenting	Like, Feel	I like, Feel hungry/thirsty	I like ___ (it, eat, make,) I feel hungry/thirsty
Refusing	Don't	Don't want	Don't want ___ (that, cup, eat/drink)
Directing	Make, Get	You make, I make, I Get, You get	You make that, I make drink, I/you get it
Social	Turn, Please/ Thank you	My/ Your Turn	My/ Your turn go

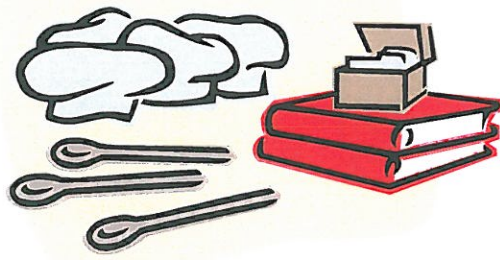
### What do you do?

Cooking is a good activity to address participation in ADL as well as interaction with caregivers and peers. There is a variety of vocabulary you can focus on while making these fun recipes.

- Ask your communication partner for "help" and ask them to help you in choosing a recipe to make.
- Take turns telling each other to "get" items from the recipe sheet.
- Use the device to let the AAC user pick "I do/I make" or "you do/you make" to take turns while cooking.
- Try out your snack and describe what you think about it. Bon appetit!

### What's next?

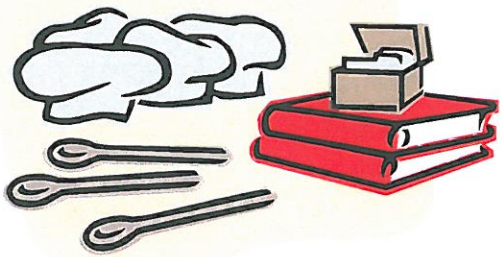
You can use the same language throughout other activities as well! After the AAC user understands using "I do" or "I make" and "you do" or "you make," have her help you throughout other activities. She can be in charge of choosing who makes completes parts of laundry or other daily activities, etc. What other opportunities can you find at your house?



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# Recipe Book





# Applesauce Parfaits



1

Put graham crackers

in

baggie.

Use fist to crush

2

Put cracker crumbs

in

cup.

3

Put applesauce

in

cup.

4

Put cracker crumbs

in

cup.

5

Put applesauce

in

cup.

Eat!



# Frog Floats



1

Scoop



lime sherbet



in cup.



2

Pour



Sprite



in cup.



3

Put M & M's



on



lime sherbet



for eyes.

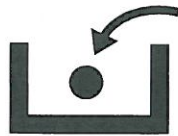


4

Put straw



in



cup.



5

Drink



and



enjoy!





# S'Mores!



1

Put

cracker

on

plate.

2

Put

chocolate

on

cracker.

3

Put

marshmallow

on

chocolate.

4

Melt

in

microwave

20 seconds.

**20**

5

Cover with other cracker.

Eat

and

**&**

enjoy!


This is what we made at snack today!

# Cheese Pizza


Ingredients:

English muffin  



pizza sauce  



cheese  


1

spread  


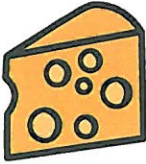
pizza sauce  



on  


English muffin  


2

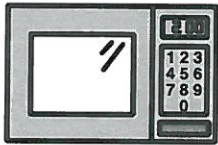
sprinkle  



cheese  


on  


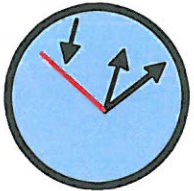
pizza sauce  


3


microwave  


pizza  


45

seconds  


4

eat  




# Popcorn Balls

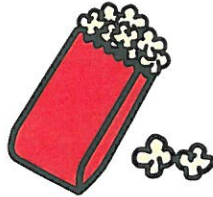


1

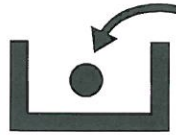
Pop



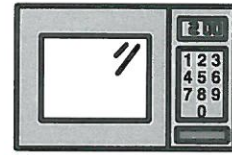
popcorn



in



microwave.



2

Heat



1/2 cup sugar



and 1 cup  
corn syrup



and bring to a  
boil.



3

Add 1 small box  
of Jell-O



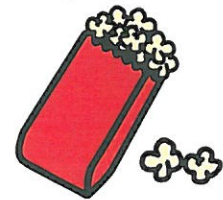
and stir.



Pour Jell-O  
mixture



over 9 cups  
of popcorn.

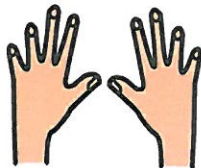


4

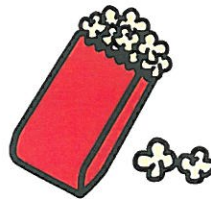
Butter your



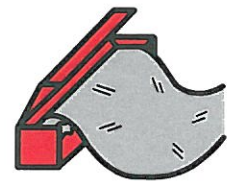
hands.



Put popcorn

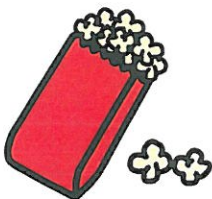


on wax paper.

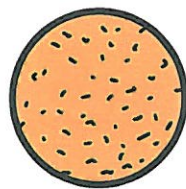


5

Roll popcorn



into a ball.



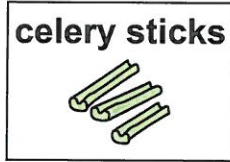
Eat!



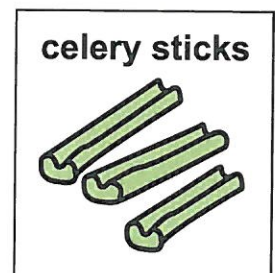
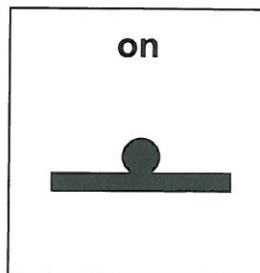
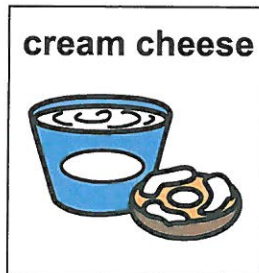
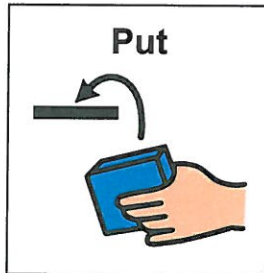
This is what we made at snack today!

# Ants on a Log

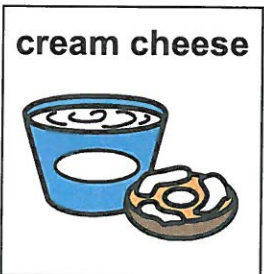
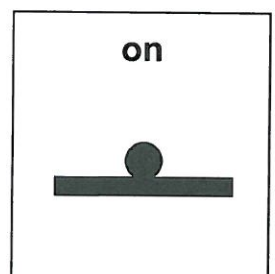
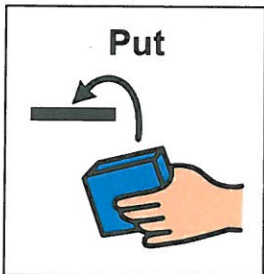
Ingredients:



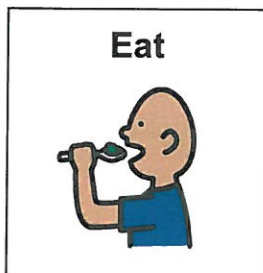
1



2



3







# HAYSTACKS

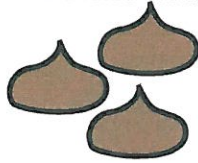


1

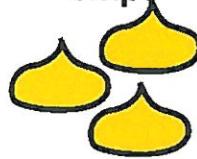
Melt



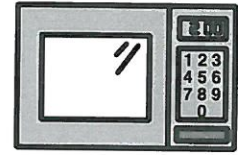
1 bag of  
chocolate chips



& 2 bags of  
butterscotch  
chips

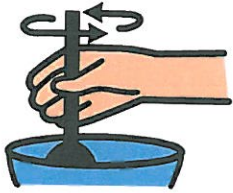


in the  
microwave.



2

Stir in



one scoop

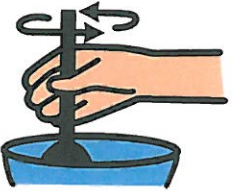


of peanut butter.



3

Stir in



one bag of  
Chinese noodles



4

Put one scoop



of noodle  
mixture



on a plate.

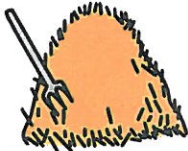


5

Use your hands



to build a  
haystack.



Eat



and enjoy!





# Puppy Chow



## Ingredients:

vanilla

cereal

chocolate chips

peanut butter

butter

powdered sugar



1t.

9 cups

1 cup

1/2 cup

1/4 cup

1.5 cups

1

Put cereal in bowl




2

Put cc, pb, and butter in bowl.




3

Microwave 1 minute




4

Stir until smooth




5

Stir in vanilla





6

Pour chocolate mix over cereal




7

Pour cereal in bag




8

Add powdered sugar




9

SHAKE!!






10

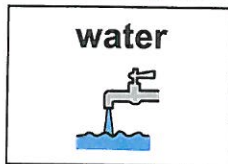
EAT!!



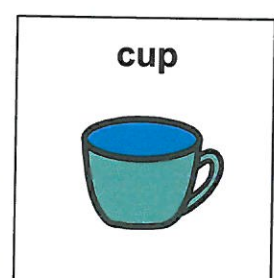
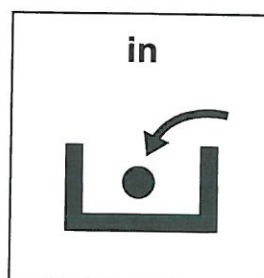
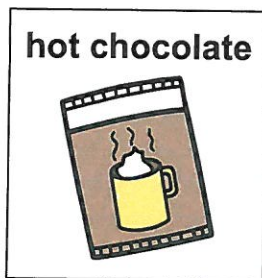
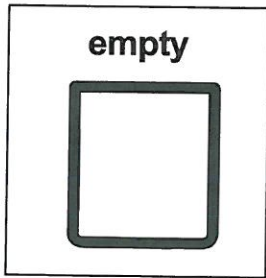
This is what we made at snack today!

 **Hot Chocolate** 

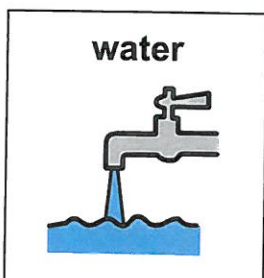
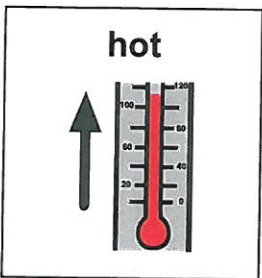
Ingredients:



1



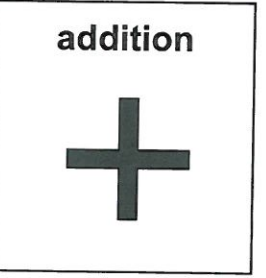
2



3



4





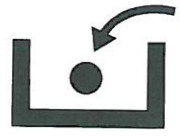

5



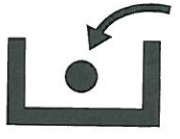



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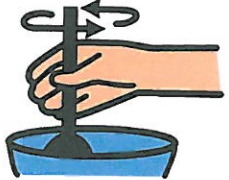


- 1**

<p><b>pour</b></p> 	<p><b>chocolate</b></p> 	<p><b>in</b></p> 	<p><b>glass</b></p> 
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- 2**

<p><b>pour</b></p> 	<p><b>milk</b></p> 	<p><b>in</b></p> 	<p><b>glass</b></p> 
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- 3**

**stir**


- 4**

**drink**

